

Introducing Healthy Together

An overview for primary schools



Welcome to Healthy Together

Healthy Together is the name for the 0-19 Healthy Child Programme services (largely health visiting and school nursing services) which will continue to be provided by Leicestershire Partnership NHS Trust (LPT) in Leicestershire and Rutland and in Leicester City (from 1 July) under new contracting arrangements. We look forward to building on our well-established relationships in local neighbourhoods to continue providing local families with the care they need, including targeted support and early intervention where appropriate. However, because the overall service specification has changed, you will see some differences in the way we work. The infographic overleaf outlines our care pathways, and this [short film](#) provides an overview of the support we offer to primary school pupils.

Changes to our ways of working

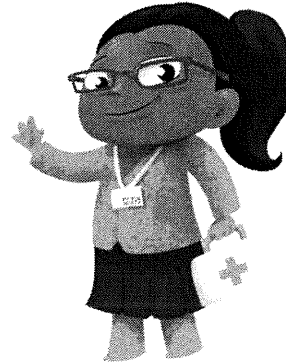
The new contracts bring some changes to job titles. Healthy Together will be delivered by 'Public Health Nurses' and 'Healthy Child Programme Nurses' (both previously known as school nurses), by 'Healthy Child Programme Practitioners' (previously known as Specialist School Nurse Support Workers) and 'Healthy Child Programme Support Workers' (previously School Nurse Assistants). The standard operating guidance which informs school nursing practice will be made available digitally on our website (www.leicspart.nhs.uk) from July.

Pupils at state-funded primary schools will get a monthly drop-in clinic at the school which can be accessed by both parents and carers and by school staff. Your named public health nurse will arrange the timings of these clinics with you to start in September 2017. Time limited packages of care for individual children and their families will be offered where health needs are identified. Speak to your public health nurse to make a referral for concerns such as emotional health and wellbeing, behaviour, continence, minor health issues.

Getting help and advice

Children can learn about different aspects of their physical and emotional health in a fun and interactive way by visiting our Health for Kids website (www.healthforkids.co.uk). All the content on the site is written and overseen by health experts, and the site was co-designed with local children. New games, quizzes and activities are added regularly, and there is also a section for parents and carers which provides advice on a range of issues. Recently added content covers speech and language development, helping children to improve fine and gross motor skills and oral health.

**Health
for Kids!**

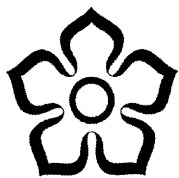


If parents and carers have concerns about their child's health, they can also use our secure text messaging service, ChatHealth, to contact a public health nurse for advice. They should text:

- In Leicester:
07520 615381
- In Leicestershire and Rutland:
07520 615382



ChatHealth operates Monday-Friday from 9am until 5pm, and during this period messages are responded to within 24 hours. Outside these times, users receive a 'bounce back' text message indicating that they will receive a response when the line re-opens.



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