

Week 1



2022: 22nd Aug, 12th Sept, 3rd Oct, 24th Oct, 14th Nov, 5th Dec, 26th Dec
 2023: 16th Jan, 6th Feb, 27th Feb, 20th Mar, 10th Apr, 1st May, 22nd May, 12th Jun, 3rd Jul, 24th Jul

Monday

Option 1

Margarita Pizza

Tuesday

Cottage Pie

Wednesday

Roast Loin of Pork & Apple Sauce

Thursday

Sticky Chicken

Friday

Fish Fingers or Salmon Fish Fingers



CARBS

Pasta in Tomato Sauce
Vegetable Rice

Boiled Potatoes
Jewelled Cous Cous

Mashed Potato & Carrot
½ Jacket

Herb Jacket Wedges
Fluffy Rice

Chips
Minted Potatoes

VEGETABLES

Appleslaw
Carrots

Green Beans
Sweetcorn

Roasted Medley of Seasonal
Vegetables
Green Beans

Cabbage
Broccoli

Baked Beans
Peas



SALAD BAR

Mixed Salad Selection

BREADS

Assorted Breads

FRUIT

Fresh Fruit Platter/Yoghurt

DESSERTS

Strawberry Whip

Pear & Chocolate Sponge

Manchester Slice

Apple Betty Layer

Vanilla Ice Cream



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www.leicestershiretradedservices.org.uk



Week 2

2022: 29th Aug, 19th Sep, 10th Oct, 31st Oct, 21st Nov, 12th Dec
 2023: 2nd Jan, 23rd Jan, 13th Feb, 6th Mar, 27th Mar, 17th Apr, 8th May, 29th May, 19th Jun, 10th Jul, 31st Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margarita Pizza	Farm Assured Pork Sausages in Gravy	Roast Chicken Stuffing & Gravy	BBQ Chicken Wrap	Battered Fish
CARBS	Fluffy Rice Herb Jacket Wedges	Mashed Potatoes	Parsley Potatoes Pasta	Garlic Bread Potatoes in Skins	Chips ½ Jacket Potato
VEGETABLES	Medley of Seasonal Vegetables Carrots	Sweetcorn Peas	Green Beans Roasted Medley of Seasonal Vegetables	Carrots Broccoli	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				



DESSERTS	Banana Cake	Carrot Cake Muffin	Chocolate Mousse	Orange Jelly with Mandarins	Strawberry Ice Cream
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Week 3



2022: 5th Sep, 26th Sep, 17th Oct, 7th Nov, 28th Nov, 19th Dec
 2023: 9th Jan, 30th Jan, 20th Feb, 13th Mar, 3rd Apr, 24th Apr, 15th May, 5th Jun, 26th Jun, 17th Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Organic Meatballs in Tomato Sauce	Turkey Lasagne	Roast Chicken & Apricot Stuffing	Garlic Mushroom & Sweetcorn Pizza	Fish Fingers or Salmon Fish Fingers
CARBS	Pasta Fluffy Rice	Garlic Bread Parsley Potatoes	Roast Potatoes Swede & Potato Mash	Jewelled Cous Cous 1/2 Jacket Potato	Chips Fluffy Rice
VEGETABLES	Green Beans Cabbage	Broccoli Sweetcorn	Carrots Cauliflower	Medley of Vegetables Green Beans	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Apple Sponge & Custard	Cornflake Tart	Peach Melba Traybake	Seasonal Fruit Crumble & Custard	Chocolate Ice Cream



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